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सबसे तेज update!

Indian Navy MR 10th Pass Online Form 2019

Last date: 01.08.2019

Total Post : 400

“Post Name: MR (Chef, Steward & Hygienist)”

Qualification:- 10th (Matric) Pass

Age Limitation	Application Fee
Candidates should be born between: 01 April 2000 to 31 March 2003 (Both dates inclusive).	General / OBC : Rs.205 /- SC / ST: No Fee Pay Fee Through Online Mode By Using Net Banking Or By Using Visa/ Master/ RuPay Credit/ Debit Card/ UPI.

➤ **Physical Test**

Test Name	Test Details
Running	1.6 Km In 7 Minutes
Squat Ups (Uthak Baithak)	20
Push-ups	10

Height :- 157 cms | Chest :- Minimum chest expansion of 5 cms

➤ **Mode Of Selection**

On The Basis Of **Written Examination, Physical Fitness Test & Fitness In Medical Examination.**